# **energy saving** trust







# Schools challenge results!

mail	this for	m with you	r school	totals	(by task)	to eswn	i@est.org	.uk by
		cember.			,		- 3	,

Name of school:		
Name of School.		

Size of school: \_\_\_\_\_ pupils



### Keep warm: Day 1

Ask a parent to turn down the thermostat by 1 degree for 5 days\*

Total number of pupils \_\_\_



# Save water: Day 2

Turn the tap off when brushing your teeth.

Total number of pupils



# Save energy: Day 3

Unplug any electrical items you're not using. Stand by mode still uses energy.

Total number of pupils



# Save water: Day 4

Reduce your shower time by one minute.

Total number of pupils



### Save energy: Day 5

Turn the lights off when you leave a room.

Total number of pupils \_

<sup>\*</sup>Thermostat only needs to be turned down by one degree for 5 days, not one degree daily. If the home occupied by infant(s) or the elderly, do not turn down below 18 degrees. @EnergySvgTrust #EnergySavingWeek23

